

THALGO SPA

Dive into our marine universe



A true cocoon of well-being

La Demeure Montaigne,
the first hotel spa in Paris to
host the marine cosmetics
brand Thalgo, offers you a
unique sensory interlude
in the heart of Paris.





BODY



treatments





BODY

treatments

HYDRO-MASSAGE BATHS

25 min

65 €

For absolute relaxation

- ◆ Milk bath
- ◆ Lagoon water bath
- ◆ Salt crystals bath

SCRUBS

25 min

75 €

For wonderfully smooth skin

- ◆ Salt flakes scrub
- ◆ Island scrub

MASSAGES*

50 minutes massages

150 €

◆ **PACIFIQUE** - Relaxing

The manoeuvres of this massage, performed with the forearms, will take you on a journey to the Pacific islands.

◆ **ARCTIQUE** - Decontracting

This sporty and recuperative massage by excellence will allow you to relax your muscles for an extreme relaxation.

◆ **MER DES INDES** - Energising

Manoeuvres inspired by Ayurvedic, Thai and Yoga massages will allow you to regain energy, for a better balance of body and mind.

25 minutes massages

80 €

Alone or as an option, these massages can be personalised and can be added to other treatments.

◆ **BACK, LEGS**

◆ **HEAD, SHOULDERS, NECK**

◆ **FEETS, LEGS**

*Our massages are wellness treatments with an aesthetic and non-therapeutic aim.

RITUALS

80 min 215 €

Bath option

110 min 275 €

Scrub and massage, 50 min

◆ Ritual MERVEILLE ARCTIQUE

Ancestral Nordic ritual, where relaxing heat and invigorating coolness alternate to release tension.

◆ Ritual ILES DU PACIFIQUE

Relaxing ritual with warm sand ballotins inspired by the lullaby of the waves for deep relaxation.

◆ Ritual MER DES INDES

Ritual inspired by Indian and Asian techniques for an extreme relaxation of body and mind.

FACE & BODY RITUAL PRODIGE DES OCÉANS

120 min
320 €

A supreme beauty ritual of high regeneration, an absolute concentrate of 63 active marine ingredients is combined with a face massage, inspired by ancestral Japanese manual lifting techniques, to visibly smooth wrinkles and restore the skin's firmness and elasticity. The body massage combines manoeuvres that release all tension for total relaxation. A moment of pure pleasure that extends from head to toe to feel deeply revitalised and soothed.



FACE

—◆—
treatments



FACE

treatments

SKINS SOLUTIONS

60 min

150 €

◆ **COUP D'ÉCLAT** - Illuminating

Your skin is revived instantly.

◆ **SOURCE MARINE** - Hydrating

Your skin is intensely quenched, comfortable and radiant.

◆ **COLD CREAM** - Nourishing

Your skin is intensely nourished and comfortable.

◆ **PURETÉ MARINE** - Purifying

Your skin is purified and instantly clearer.

THALGOMEN OCEAN RITUAL

60 min

150 €

◆ The skin is energised and perfectly balanced.



ANTI-AGEEING TREATMENTS

◆ **LUMIÈRE MARINE TREATMENT** 60 min 155 €

Brightening

This anti-ageing treatment offers you a result on the uniformity of the complexion and the correction of pigmentary tasks.

◆ **HYALURONIC WRINKLE-CORRECTING** 60 min 165 €

Procollagen - Anti-ageing

This anti-wrinkle treatment will give you a younger looking face from the very first session.

◆ **«EXCEPTION» TREATMENT - Anti-ageing** 90 min 185 €

This Marine Lifting treatment helps to redefine the oval of your face.

◆ **PRODIGE DES OCÉANS - Firmness** 90 min 205 €

This high-regeneration supreme beauty ritual combines a cocktail of 63 marine nutrients with anti-ageing modelling inspired by Japanese techniques, to act on all signs of ageing.

PARENT-CHILD CARE

25 min 145 €

1 relaxing massage of 25 minutes per person, in a duo cabin
Access to the relaxation area (swimming pool, jacuzzi, hammam, sauna and fitness)

CHILDREN'S *from 3 to 12 years* *in collaboration with Toofruit*

◆ RELAX TREATMENT

25 min 70 €

This treatment includes breathing exercises to promote relaxation, adapted manoeuvres and advice on how to take care of yourself and relax on a daily basis.

◆ SWEET LITTLE FACE

25 min 70 €

This treatment includes self-massage to discover your face, facial gymnastics to relax your muscles, a cleansing treatment, a mask with moisturising and relaxing properties and advice on how to take care of yourself and your skin on a daily basis.

◆ PRETTY HAND

25 min 50 €

The nail polish used is bio-based, simple and light in colour, It allows young coquettes to indulge themselves:
Express manicure followed by a varnish application.
Choice of colour + varnish of the chosen colour offered



«LA DEMEURE» DAYS

◆ BREAKFAST & SPA

99 € per person

1 treatment of 25 minutes of your choice

Buffet breakfast

Access to the relaxation area (swimming pool, jacuzzi, hammam, sauna and fitness)

◆ TEA TIME & SPA

155 € per person

1 treatment of 50 minutes of your choice

1 gourmet break (a pastry and a drink)

Access to the relaxation area (swimming pool, jacuzzi, hammam, sauna and fitness)

◆ PARENTHÈSE « BIEN-ÊTRE »

145 € per person

1 skin solutions treatment of 30 minutes

1 treatment of 25 minutes

Access to the relaxation area (swimming pool, jacuzzi, hammam, sauna and fitness)

◆ DUO ÉVASION

305 € for 2 people

1 massage of 50 minutes per person, in a duo cabin

2 gourmet breaks (pastries and drinks)

Access to the relaxation area (swimming pool, jacuzzi, hammam, sauna and fitness)



PASS*

◆ Choice of 5 treatments of 50min 710 €

◆ Choice of 10 treatments of 50min 1350 €

**(Excluding anti-ageing treatments)*

For all outside guests who have booked a 50-minute treatment, enjoy an hour of relaxation in our spa.

Waxing - Hand beauty - Foot beauty

On request



monday to
sunday



9am to 7pm



Elevator
direct access



LA DEMEURE
MONTAIGNE

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