



Treatment menu

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From november 1<sup>st</sup> 2023 to october 31<sup>th</sup> 2024



## OUR SPA

Heaven of peace in the historic center of Rouen



In this historic and renovated Hotel from the 16<sup>th</sup> century, The Spa du Drap d'Or is a "re-birth" place for body and mind.

In this spacious place, the Spa du Drap d'Or propose to you:

- ~ A **SWIMMING POOL** (28 to 30°C) with an area of 18 by 9 meters with a relaxation area around
- ~ A typical oriental **HAMMAM** of 25m<sup>2</sup>
- ~ A finnish **SAUNA**
- ~ 8 **TREATMENT ROOMS** including 4 doubles and 1 triple

## FOR A UNIQUE EXPERIENCE :



- ~ All facial and body treatments include 2 hours of free access to our relaxation areas: Sauna, Swimming pool and Hammam.
- ~ In case of a late arrival, your treatment may be delayed or shortened. We recommend arriving 30 minutes before your scheduled time.
- ~ Customers are the only responsible for lost or stolen items.
- ~ In case of cancellation, we kindly invite you to let us know 48h prior to your treatment. Otherwise, we will charge you or cancel your voucher.
- ~ Our massages do not provide medical or paramedical care and are performed by professional beauticians.

## OUR LABEL



- ~ In 2023, our Spa was awarded the SPA-A label, enabling our SPA to be recognized for its professionalism and the quality of its services: a **guarantee of quality for our customers.**



# CINQ MÔNDES

PARIS

## THE STORY OF CINQ MONDES

Through its treatments and products, **CINQ MONDES** offers deep regeneration of body and mind to recreate a state of perfect balance even inside our skin cells for **Happy skin, from the inside out!**



# TERRAKÉ

## THE STORY OF TERRAKÉ

**TERRAKÉ** has created four universes inspired by Earth's creation, in order to offer a global experience of nature's benefits, thanks to its professional treatment protocols practiced at the SPA.

# NOUGATINE

PARIS

## THE STORY OF NOUGATINE

**NOUGATINE PARIS**, is a story of a natural cosmetic brand of skincare for kids.

Because we understand the importance of taking care of the skin, we developed a range of products.

Children from 3 years old, now also have the right to be spoiled, thanks to **NOUGATINE Paris**. A playful brand, fun and sweetened for children, so that taking care of the skin becomes child's play.

## FACIAL TREATMENTS

### CINQ MÔNDES

PARIS

#### BALINESE FLOWERS MASSAGE

30min 75€

A radiance treatment inspired by Balinese beauty rituals combining skin cleansing, wellbeing and beauty.

#### FIVE BALINESE FLOWERS MASSAGE

60min 110€

Originating from the Balinese ritual, this face treatment tonifies and illuminates the skin. Thanks to the association of five tropical flowers, the skin is thoroughly cleansed and the complexion looks brighter.

#### BALINESE FLOWERS AND FRUITS MASSAGE

90min 150€

A real skin perfecting scrub treatment with benefits of the natural active ingredients of tropical flowers and natural fruit acids (AHAs).

#### KO BI DO • INSTANT YOUTHFULNESS

30min 75€

This manual anti-wrinkle facial is a holistic approach to lift and tonify your facial contours and effectively renew smooth and plump lines on the face and neckline.

#### KO BI DO • LIFTING AND PLUMPING FACIAL TREATMENT

60min 110€

This anti-wrinkle treatment deeply targets face and neckline. Your skin will be left plumped-up and smooth, your complexion looks radiant.

#### KO BI DO • ROYAL

60min (available from January 1, 2024) 110€

Combining the precise and rhythmic manoeuvres of Dermalpuncture®, this massage of excellence and unique expertise capitalises on the youthfulness of cells for a genuine, immediate natural facelift. The tsubos (energy points) are stimulated, the features are smoothed in depth, the skin regains its tone and the oval of the face is restructured.

#### KO BI DO • SUPREME YOUTH FACIAL TREATMENT RITUAL

90min 150€

This exceptional treatment combines the Geto effects with Dermalpuncture and Ridoki techniques for real natural face-lift.



## TERRAKÉ

### HIGH TECHNOLOGY FACIAL TREATMENT HTP-3 BLAST



Through its Radio-frequency machine, combined with the latest high-tech biomolecular care HTP-3 BLAST, TERRAKÉ offers to benefit from a visible improvement technology for the face and neckline, for anti-aging treatments, correcting facial contour or for an immediate «healthy glow» effect.

#### EXPRESS RADIANCE FACE TREATMENT

45min 90€

“Radiance” treatment for those whose rhythm of life leaves little time. Find the essential TERRAKÉ beauty benefits for brighter skin and a refreshed complexion.

#### 100% MANUAL ANTI-AGING TREATMENT

60min 110€

This new anti-ageing care protocol with instant lifting effect, reshapes the contours of the face during a deep relaxation moment. The skin is plumped and rejuvenated and the signs of aging are treated.

#### PROFESSIONAL DETOX TREATMENT

60/75min 110/130€

Detoxifying treatment for deeply cleaned, purified, and nourished skin. Ideal for citizens whose having skin subjected to external aggressions such as pollution.

#### PURIFYING CARE

60/75min (available beginning 2024) 110/130€

Purifying treatment ideal for combination to oily skin. It improves skin quality, provides an immediate healthy glow and regulates sebum production.

#### MOISTURIZING PROFESSIONAL CARE

60/75min 110/130€

Super-moisturizing and nourishing treatment through HTP-3 BLAST products, for regenerated comfortable and intensely moisturized skin.

#### PROFESSIONAL ANTI-AGING CARE

75/90min 130/150€

Anti-aging treatment for direct action on wrinkles, cell regeneration and sagging skin. A complete response to the signs of skin aging thanks to the enhanced action of the HTP-3 BLAST range products.

## BODY MASSAGES

# CINQ MŌNDES

PARIS

### TRADITIONAL ORIENTAL MASSAGE

30/60/90min

75/110/150€

Travel to the heart of oriental traditions, thanks to the whole-body massage with heated and delicately perfumed argan oil. This massage envelope you in slow, deep movements to give you a feeling of pure wellbeing.

### INDIAN AYURVEDIC MASSAGE

60/90min

110/150€

Enjoy this massage inspired by traditional Abhyanga, tonifying with heated oil. The change in pace between energetic and heating strokes relieves and relaxes the muscles.

### SOOTHING FRENCH-POLYNESIA MASSAGE

60/90min

110/150€

A massage inherited from Polynesia healers and inspired by Lomi-Lomi. The delicate tiaré flower notes accompany you throughout this incredible experience to make you feel you are letting go.

### SUBLIME BOLA RITUAL

60min

110€

Cinq Mondes offers pregnant women a brand-new unique experience, to help them let it all go, specially designed for their condition.



# TERRAKÉ

### MAGICAL EARTH MASSAGE

60min

110€

Massage acting on tensions and muscle knots for renewed well-being. Your body is soothed and relaxed.

### AIR AND LIGHT MASSAGE

60/90min

110/150€

Relaxing and cocooning massage offering a total relaxation and stress relieving.

### PRENATAL MASSAGE

60min

110€

This massage is dedicated to pregnant women and is a real moment of wellbeing. It relaxes muscular tensions linked to pregnancy. The prenatal care is a real moment of sharing and connection between the mother and the baby.

### SWEDISH MASSAGE

60min

110€

Deep and energetic massage that allows for intense muscle relaxation. This massage is ideal for total relaxation.

## CUSTOM MASSAGES

*To meet your desires, choose areas and pressure zones for your treatments.*

30min

75€

45min

90€

60min

110€

90min

150€



## BODY TREATMENTS

### BODY SCRUBS AND WRAPS

## CINQ M̄ONDES

PARIS

### ENERGIZING AROMATIC SCRUB

45min 90€

Treat yourself to a moment of wellbeing inspired by Java who transports you by delicate scents of this energizing spice and sea salt treatment, for soft and silky skin.

### PAPAYA PURÉE SCRUB

45min 90€

Discover this exfoliating technique using creamy papaya puree with fine grains. Delicately exfoliated, your skin appears radiant and smells of a delicious perfume.

### SUBLIME TAHITIAN MONOÏ SCRUB

45min 90€

Treat yourself with this biologic preparation from Polynesia, suitable for the most sensitive skin, based of monoï with tiaré flowers, sugar and coconut powder that smooth your skin.

### PURIFYING CARE WITH BLACK SOAP SCRUB & RHASSOUL WRAP

75min 110€

Live a unique experience of gentle softening in the hammam. Enjoy a purifying exfoliation with the Kassa glove associated with the traditional Beldi black soap and the wrap with Rassoul cream.



## TERRAKÈ

### REGENERATING VEGETAL LUXURIANT PLANT SCRUB

45min 90€

An exfoliating treatment to detoxify, clean and deeply regenerate the skin.

## SLIMMING TREATMENTS

## CINQ M̄ONDES

PARIS

### BRAZILIAN MASSAGE TREATMENT

60min 110€

Personalize with your therapist in draining detox version or slim version.

Find a relaxed body and a refined a silhouette thanks to this treatment inspired by traditional Brazilian medicine with draining and detoxifying manoeuvres for the body and mind.



## TERRAKÈ

### PRIMORDIAL WATERS ATLANTIS SLIMMING TREATMENT

60min 110€

The Slimming treatment combines the best of toning drainage techniques to reshape the body, boost blood circulation and smooth out dimples.



## RITUALS

### CINQ M̄NDES

PARIS

#### BENGALORE RITUAL

90min 160€

- ~ Aromatic spices scrub: 30min
- ~ Indian ayurvedic massage: 60min

#### ISLANDS RITUAL

90min 160€

- ~ Sublime tahitian monoï scrub: 30min
- ~ Soothing French-Polynesian massage: 60min



TERRAKÈ



#### ATLANTIDE RITUAL

90min 160€

- ~ Luxuriant plant life scrub: 30min
- ~ Primordial waters atlantis slimming treatment: 60min

#### BASALTIC RITUAL

90min 160€

- ~ Luxuriant life plant scrub: 30min
- ~ Magical earth massage: 60min

## SOLO ESCAPE

### CINQ M̄NDES

PARIS

#### DIVINE ESCAPE

120min 220€

- ~ Traditional oriental massage: 90min
- ~ Balinese flowers massage: 30min

#### BEAUTY ESCAPE

150min 265€

- ~ Aromatic spices scrub: 30min
- ~ Indian ayurvedic massage: 60min
- ~ «Ko Bi Do» lifting and plumping facial treatment: 60min



TERRAKÈ

#### COCOONING ESCAPE

105min 200€

- ~ Pregnancy massage: 60min
- ~ Express radiance face treatment: 45min

#### ULTIMATE ESCAPE

165min 300€

- ~ Luxuriant life plant scrub: 30min
- ~ Of air and light massage: 60min
- ~ Professional anti-aging care: 60min

## DUO ESCAPE

# CINQ MÔNDES

PARIS

### DISCOVERY ESCAPE

60min

300€

- ~ «Ko Bi Do» instant youthfulness: 30min
- ~ Traditional oriental massage: 30min
- ~ 2 glasses of Champagne by the pool or at the bar

### PARTNER ESCAPE

90min

320€

- ~ Papaya puree scrub: 30min
- ~ Traditional oriental massage: 60min
- ~ 2 glasses of Champagne by the pool or at the bar



## TERRAKÉ

### ZEN ESCAPE

120min

400€

- ~ Luxuriant plant life scrub: 30min
- ~ Of air and light massage: 90min
- ~ 2 glasses of Champagne by the pool or at the bar

### RENAISSANCE ESCAPE

150min

530€

- ~ Luxuriant life plant scrub: 30min
- ~ Magical earth massage: 60min
- ~ Moisturizing facial care: 60min
- ~ 2 glasses of Champagne by the pool or at the bar

*Alcohol abuse is bad for your health, please consume in moderation*

## PARENT / CHILD DUO OR TRIO

(from 7 years old)

# NOUGATINE

PARIS



### ROYALE STOPOVER DUO

30min

150€

### ROYALE STOPOVER TRIO

30min

230€

**CHILD:** Rest of Princes & Princesses: 30min

**PARENT:** Customized massage: 30min

### GOURMET STOPOVER DUO

60min

240€

### GOURMET STOPOVER TRIO

60min

360€

**CHILD:**

~ Gourmet facial treatment: 30min

~ Rest of Princes & Princesses: 30min

**PARENT:**

~ Balinese flowers massage: 30min

~ Customized massage: 30min

### INITIATION STOPOVER DUO

90min

320€

### INITIATION STOPOVER TRIO

90min

480€

**TEENAGER:**

~ Balancing facial treatment: 60min

~ Rest of Princes & Princesses: 30min

**PARENT:**

~ Five Balinese flowers massage: 60min

~ Customized massage: 30min

## TRIO ESCAPE



## CINQ MÔNDES

PARIS

### SUSPENDED ESCAPE

60min

360€

- ~ Papaya puree scrub: 30min
- ~ Traditional oriental massage: 30min
- ~ 3 glasses of Champagne by the pool or at the bar

### SOOTHING ESCAPE

90min

500€

- ~ Balinese Flowers massage: 30min
- ~ Traditional oriental massage: 60min
- ~ 3 glasses of Champagne by the pool or at the bar



## TERRAKÉ

### VOLUPTUOUS ESCAPE

75min

450€

- ~ Express radiance face treatment: 30min
- ~ Custom massage: 30min
- ~ 3 glasses of Champagne by the pool or at the bar

### THE PARANTHESIS

120min

600€

- ~ Suedish massage: 60min
- ~ Moisturizing professional care: 60min
- ~ 3 glasses of Champagne by the pool or at the bar

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## FITNESS ACCESS SUBSCRIPTIONS

1 month	230€
3 months	590€
6 months	1 050€
12 months	1 890€
10 acces for 3 months	230€

## WAXING

Eyebrows	15min	25€
Lips	15min	25€
Full legs	35min	45€
Half legs	25min	35€
Arms	25min	35€
Underarms	20min	30€
Bikini	30min	40€
Back	30min	40€
Chest	30min	40€

## JACUZZI

A jacuzzi session for 2 persons (20min)	90€
A jacuzzi session for 1 person (20min)	50€





# Spa du drap d'Or



## *Opening hours*

Monday to Saturday - 10:00 am to 8:00 pm

Sunday - 9:00 am to 7:00 pm



HOTEL DE BOURGTHEROULDE

AUTOGRAPH COLLECTION™

15 Place de la Pucelle - 76000 Rouen - France

t +33 (0)2 35 14 50 70

f +33 (0)2 35 14 50 60

spa@hotelsparouen.com

www.hotelsparouen.com