



FOR A TOURISM MORE RESPONSIBLE

What's a responsible tourism?

It is a way of travelling that seeks to balance the needs of tourists, residents and the environment. It is based on the idea of travelling in a sustainable way, minimising negative impacts on nature and local cultures.

What are its goals?

Responsible tourism promotes the preservation of biodiversity and ecosystems by limiting the impacts of tourism activities on local flora and fauna. It also helps us reduce our carbon footprint, by prioritizing more gentle means of transport such as trains, bicycles or walking. It involves more responsible waste management, avoiding disposable plastic and promoting sorting.

BIODIVERSITY IN PARIS

Between its waterways, parks, gardens and forests, nature has adapted to the heart of Paris. Even in unexpected places, such as railway tracks, stations or building facades, some species find refuge and live there. This diversity of environments, combined with the absence of natural predators, has enabled many species to establish themselves in the city.

But this wealth is under threat! Fortunately, everyone can act.

ACTIONS TO TAKE



Respect natural areas : During your walks in parks, gardens...stay on marked trails to protect the flora. Do not pick plants or feed wild animals, their balance is based on a natural diet.



Manage your waste responsibly : Dispose of your waste in the sorting bins available throughout the city.



Opt for eco-responsible accommodation : Hostels are increasingly adopting environmentally-friendly practices : organic products, energy savings, short circuits... A winning choice for you and the planet!



For a safe journey : In France, it is forbidden to buy illegal or unsustainable wildlife products and species. Also, in busy areas, pay attention to your personal belongings.

RESPONSIBLE TOURISM GUIDE

Paris

33

mammalian
species including

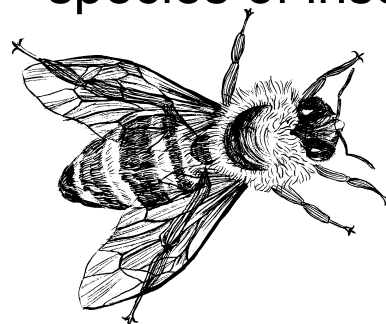


11

species of bats

800

species of insects



11

species of amphibians
(frogs, newts...)

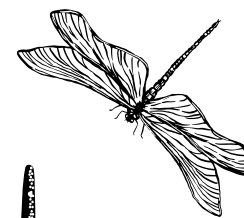


157

species of birds

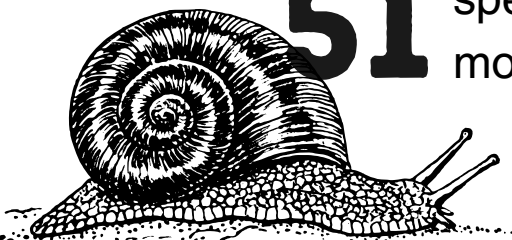
700

species of wild
plants



27

species of odonates
(dragonflies and damselflies)

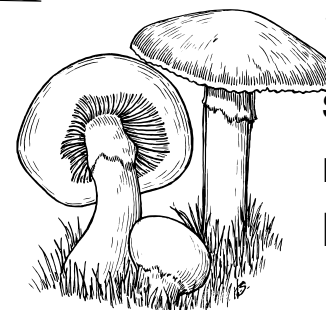


51

species of
molluscs

400

species of
mushrooms and
lichens



MAP OF RESPONSIBLE TOURISM IN PARIS

Sites to visit

Green areas

Outdoor activities

Walk



PLACES TO WALK

A quarter of the 536 green areas in Paris are open 24/7, enough to walk around day or night!



BOIS DE BOULOGNE

With its pedestrian walkways, horse trails and cycle routes, the Bois de Boulogne is a true haven of nature. For a moment of relaxation, board a boat on the lake and try fishing.

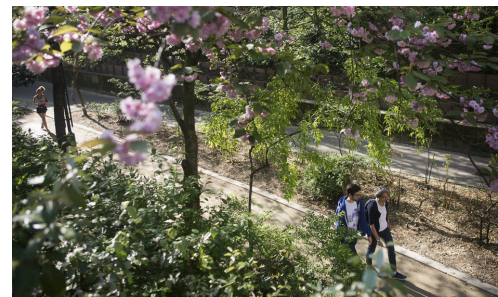
 RER C - M9 - M10
 244



BOIS DE VINCENNES

Classified as a picturesque natural site in 1960, the Bois de Vincennes is home to 4 large lakes connected by rivers, constituting picturesque walking routes.

 M8
 46 - 201



LA COULÉE VERTE

This old railway rehabilitated in walk, invites you to travel 5km between Bastille and Le Château de Vincennes. Between air bridges, tunnels and viaducts, this walk alternates from city to nature.

 M8
 33 - 29 - 3A



BUTTES CHAUMONT

This masterpiece of landscape art under Napoleon III is the largest garden in Paris. It is home to various exotic and indigenous plants, as well as caves, waterfalls and suspended walkways. From its highest point, it offers a wonderful view of the city.

 M5 - M7 bis
 48 - 60 - 75

PARC MONTSOURIS

Away from the hustle and bustle of the capital, you can walk in the shade of the trees often centuries old (the forty-ecu tree "Ginkgo Biloba" is the largest tree located on the lake), linger at the music stand and see the famous meteorological observatory.

 RER B - M4 - M6 - T3a
 21 - 88 - 216



JARDIN DES PLANTES

Known as the former royal garden, you can find in it tropical greenhouses, a botanical school and the oldest zoo menagerie in Paris. Between biodiversity, culture and scientific heritage, this garden is a real oasis. Explore its labyrinth, discover its botanical collections or let yourself be guided by the visitors trails. A walk out of time, ideal to marvel and escape from the city.

 M5 - M7 - M10



SITES TO VISIT



When science and nature meet in Paris, each visit becomes an opportunity to explore the past, understand the present and imagine the future.



LA CITÉ DES SCIENCES

Opened in 1986, La Cité des sciences et de l'industrie is a must-see place to explore science and technology. It offers permanent and temporary exhibitions, a planetarium, as well as the "City of childrens" and the "City of babies" to arouse the curiosity of the youngest. The "City of the environment" raises awareness of ecological issues, while workshops and activities provide opportunities to experiment with robotics, biology or chemistry. You will find nearby "The Géode", offering an immersive cinematic experience on IMAX Laser 4K display.

🚶 M7 - T3B
🚶 139 - 170 - 54 - 60 - 71



MUSÉE NATIONAL DE L'HISTOIRE NATURELLE

Born in 1635 within the Royal Garden of Medicinal Plants, it was in the 18th century that the museum became popular, notably thanks to chemistry, prehistory, archaeology, geology, anthropology and paleontology.

The Natural History Museum invites children and adults to explore the mysteries of nature in a setting full of history, between science and wonder.

🚶 M10 - M5 - M7
🚶 24 - 47 - 57 - 63 - 67.

JARDIN DES TUILERIES

Former site of tile factories, it was in 1664 that it was transformed into a jewel of French classicism. Located between the Louvre Museum and the Place de la Concorde, this UNESCO World Heritage site seduces with its statues, ponds and centenary trees. It offers an ideal setting for a walk mixing culture, nature and French heritage. Its location provides easy access to Parisian monuments, while enjoying a break in the fresh air.

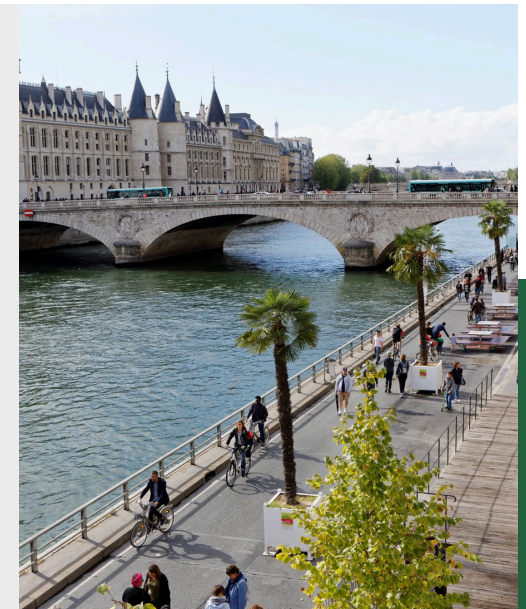
🚶 M1 - RER C
🚶 24 - 72



LES BERGES DE LA SEINE

Listed as a UNESCO World Heritage Site since 1991, the Berges de la Seine offer 2.3 km of pedestrian promenade where nature, culture and leisure mingle. With 1,800 m2 of gardens, this green space is a true haven of peace in the heart of Paris. Between terraces, eateries, street cuisine and houseboats-restaurants, if you have a little craving, you can easily eat. On the sports and wellness side, various spaces have been created (mini track, climbing wall for children...).

🚶 RER C - M14 - M13
🚶 138 - 140 - 341 - 74 - TUC



ADVENTURES TO TRY



HIKE



FOOT RACE



PÉTANQUE



STAND-UP PADDLE



BIKE



CANOE KAYAK



TREE CLIMBING

MOBILITY FOR A BETTER WAY OF GETTING AROUND



Responsible tourism also signifies using sustainable means of transport and consuming organic and local products.



PUBLIC TRANSPORT

Metro, RER, tram, bus and trains allow you to easily reach all tourist sites. To organize your trip, websites or applications like Île-de-France Mobilités or Transilien.com will help you find the most suitable path. To go further, consult the reception of your hotel.



WALKING

With its monuments, parks and beautiful neighborhoods, Paris is an ideal city for walking. Many sites can be reached in a few steps, so take full advantage of the landscape. Put on your shoes and let yourself be carried away by the charm of the capital!



BIKE

The capital is turning into a green city. With its many bike paths, discover its monuments and emblematic neighborhoods by cycling at your own pace. For more information on bike rental, you can ask at the reception of your hotel.



CARPPOOLING

Carpooling is a friendly and responsible alternative when your visits are difficult to reach by public transport. It allows you to reach Paris or its surroundings while reducing your carbon footprint.

PRODUCTS TO SAVOR



RESPONSIBLE APPLICATIONS

To help you make environmentally friendly choices, websites and applications like La Ruche qui dit Oui !, Too Good To Go, and Yuka list the establishments, businesses engaged or products that comply with this approach.



ECOTABLE

Ecotable is a certification that rewards restaurants who make efforts to limit their ecological footprint, using seasonal products, reducing food waste and adopting responsible practices.



MARKETS

You will find fresh, organic and specific products such as seafood, meat or vegetables grown in the Île-de-France. These markets are a great way to discover local flavours while supporting environmentally friendly producers.



BULK STORES

By limiting unnecessary packaging, these businesses encourage more thoughtful consumption. Fruits, vegetables, cereals, spices, household products... everything is bought in the right quantity. Shopping in bulk also allows you to discover local and organic products, often from short circuits.



The Swarm Initiative

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 The Swarm Initiative

We would like to thank the City of Paris for the wealth of information made available on its website. Their content has allowed us to accurately document the cultural, heritage and environmental aspects of the capital, contributing to the creation of this responsible tourist guide.

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