

Spa by CLARINS



L'esquisse

HOTEL - SPA - COLMAR

# SPA MENU

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## Colmar the epicurean

A quaint, charming city in the Grand Est region, Colmar is located on the Alsace Wine Route, near the German and Swiss borders. With picturesque half-timbered houses, romantic canals, flower lined windows and authentic cobbled streets, the town is one of the most beautiful in Alsace.

L'Esquisse Hotel & Spa is located in the heart of the historic center of Colmar. In the haven of greenery of the Champ de Mars. It offers you a unique and personalized experience.



## L'Esquisse Spa by Clarins

It's in a modern and contemporary space out of time and the ordinary that the Esquisse Spa by Clarins welcomes you. For a real invitation to well-being,

The Spa l'Esquisse by Clarins, and its 500 m<sup>2</sup> entirely dedicated to well-being and relaxation, offers you in a sumptuous decor and a warm atmosphere, a heated indoor swimming pool, a sauna, a hammam, a jacuzzi, fountain of ice a fitness room, massage cabins, a solarium, a rest room and a herbal tea room ...

Top-of-the-range facilities and equipment for an experience of pure relaxation.



## Clarins expertise

*Expertise yhat feel,  
results that are seen.*

Clarins personalized care combines subtlyhigh-performance formulas enriched with plant-based active ingredients and Clarins touch, with 65 years of experience in the Institute.

An unrivaled sensory experience, for visible results

“Always by your side to take care of you“



## Clarins treatments.

*The Art of Touch.*

It was Jaques Courtin Clarins who in 1954 gave birth to Clarins in an institute. Our unique know-how combines formulas enriched with plant extracts with the power of the gestures of our expert therapists. Always evolving. For you.

Our heritage from the Institute, from listening to women and from our beauticians, allows us to offer you a rich and quality menu that meets all your desires and all the needs of your skin.

Escape! Find Clarins expertise and experience an unforgettable moment of well-being



# Clarins

## Expert Face Treatments

### *Youth Expert*

After a thorough skin diagnosis, this personalized treatment adapts to your skin's needs and the beauty results you are looking for: from stressed skin to skin that lacks firmness, and skin weakened by hormonal changes. Regardless of one's age, this treatment visibly reduces the look of first lines and those that have settled in, and also smoothes features and promotes a refreshed look. Your skin is firmer, better toned, your complexion looks more luminous.

Youth Expert 1h - 160 €

### *Power Hydrator*

This treatment pampers dry, fragile skin and is ideal for restoring comfort, softness and radiance. Fine lines caused by dehydration are smoothed out and tight-feeling skin is soothed. You'll regain supple skin that feels nice to the touch.

Power Hydrator 1h - 145 €

### *Clear Skin refiner*

This detoxifying treatment is the perfect ally of combination or oily skin that needs to be rebalanced. Impurities are gently removed; skin shine is reduced and pores are tightened. Your skin looks clear, fresh and healthy.

Clear Skin refiner 1h - 145 €

### *Ultra relaxing Aroma Facial*

This unique treatment makes it possible to disconnect from the outside world and gain a sense of balance once again. Clarins expert 'Ayuroma Touch,' combined with the power of plants and Clarins oils, invites you to escape and let go. Experience deep and complete relaxation thanks to a face and scalp massage. You will not only feel the treatment's benefits, but you will see them as well: your skin feels softer and looks more beautiful.

Ultra Relaxing Aroma Facial 1h - 145 €

### *Beauty Face Facial*

8 hours of sleep in an express beauty session! An instant beauty flash that will dissipate signs of fatigue and leave the skin radiant for long-lasting make-up.

Beauty Face Facial 30 min -85 €

### *Energizing Facial For Men*

Take a break! This energizing treatment was specially developed for men's skin which is subject to external aggressions and irritation caused by shaving. It purifies, hydrates and reduces the appearance of wrinkles and dark undereye circles while energizing the skin.

It is a complete treatment that promotes a deep feeling of well-being, instantly. You'll look rested, relaxed and completely refreshed.

Energizing Facial For Men 1h - 145 €



# My Face Beauty Program

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Program of 5 facial treatments of 1h each - 625 €

## *During your first appointment*

Diagnosis of your skin and development of your personalized treatment program

1<sup>st</sup> treatment adapted to your needs

Duration: 1h15

## *The other appointments*

Facial treatment adapted to your needs

\*One hour before your spa treatment you will have full access to the Spa.

Program valid for 12 months

Supplement The Exceptional Treatment (1h30) : 95 €







## Clarins

### Expert Body Treatments

#### *Tonic Sweet and Salty Scrub*

A high-performance body exfoliation treatment that purifies the skin, removing all toxins.

The combined use of mechanical and biological exfoliation techniques leaves the skin feeling firm and exquisitely soft.

Tonic Sweet and Salty Scrub 1h - 145 €

#### *The Expert Silhouette Treatment*

This personalized slimming and firming treatment will help sculpt your figure. It will act on the appearance of cellulite, the firmness and youthfulness of your skin. From the first appointment, you will feel your refined contours and improved smoothness of your skin.

Expert Silhouette Treatment 1h - 160 €

#### *Rebalancing Massage with Essential Oils*

This massage calms the body, restores energy and deeply soothes muscle tension. Variable deep pressure is gaged based on muscular tensions and your desires. Choose between 'Tonic' Oil to stimulate the body and mind or 'Relax' Oil to create a feeling of absolute relaxation.

Rebalancing Massage with Essential Oils 1h - 145 €

#### *Sport Massage*

A perfect massage for before and after exercise. Beforehand, it warms up the muscles and optimizes their response time. Afterwards, it reduces tension and muscle pain, enabling muscles to recover better. Improves the response of the muscles, maintains perfect flexibility, and avoids any risk of inflammation of the tendons

Sport Massage 1h - 145 €

#### *Tired Legs Treatment*

This refreshing treatment relaxes and relieves heavy and tired legs. It boosts blood circulation and revitalizes the body's energy, having an overall calming effect.

Light Legs Treatment 30 mn - 85 €

# My Body Beauty Program

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Program of 10 body treatments of 1h each 1 250 €

## *During your first appointment*

Diagnosis of your skin and development of your personalized program

A Tonic Sweet and Salty Body Scub

Duration : 1h15

## *The other appointments :*

Massage of your choice

Signature Massage

\*Full access to the Spa is offered during one hour, before your treatment

Program valid for 12 months









## L'Esquisse Rituals

### *The Illustration of Touch By Clarins L'Esquisse Signature Treatment Body & Face*

The Illustration of Touch by Clarins is a complete body and face treatment of 1 hour and 30 minutes. It begins with a body massage; all the superficial and deep tensions of the back are gone, as well as an immediate sensation of light and relaxed legs. To end on a high note, with the exclusive Clarins Face Massage Method, expert hands will sculpt your face to redraw its contours, smooth its features and restore its embellished and luminous skin.

L'Esquisse Signature Treatment 1h30 - 235 €

### *The Authentic Kobido®*

This treatment is an Ancestral Japanese Art of facial massage. It rebalances the vital energy and deeply relaxes the whole body.

Very famous for its lifting properties, it is a natural substitute for injections, and will allow you to regain plumped and radiant skin.

The Authentic Kobido® 1h - 145 €



### *The Exceptional Treatment (Authentic Kobido®, Kobido Sculpting®, Korugi®, Kansa Wand)*

A treatment that combines natural and unique anti-aging techniques. Lifting and draining method thanks to an in-depth work of the facial muscles accessible from the inside of the mouth, which completes and boosts the already very effective effects of Authentic Kobido®. Combined with Kobido®, Korugi® consists of pressure work to restore the initial position of the facial bones. The face is more open, more symmetrical, more rested. The regenerated skin appears more radiant and smoother, the features are clearer

The Exceptional Treatment 1h30 - 235 €



## Nail Care

### *Manicure or pedicure*

For beautiful & healthy nails 45 min - 60 €

### *Revitalizing treatment for hands or feet*

This softening treatment for your hands or feet includes a gentle exfoliation and a purifying and invigorating bath. This is followed by a relaxing and nourishing massage as well as a restorative mask that helps regenerate your skin (nail treatment included) 1h - 100 €

### *With MAVEX anti callus treatment*

**+50 €**

This anti-callus treatment provides immediate and lasting results in just 1 session

30 min

### *With single polish application*

**+25€**

The classic Green nail polish is bio-sourced, vegan and cruelty-free.

It combines the ethics of a new eco-friendly formula with a palette of colors that are both pastel and bright

20 min

### *With semi-permanent polish application*

**Green Flash**

**+ 45€**

Green-flash nail polish, the 1<sup>st</sup> clean semi-permanent nail polish that can be removed like a classic nail polish. Removal is done with a mild, acetone-free solvent. A nail polish that lasts longer, keeps its shine and does not flake

35min

# DAY SPA

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*Access to L'Esquisse Spa by Clarins is only by appointment for external customers*

## GOURMET GETAWAY

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Access to the Spa facilities from  
11 a.m. to 5 p.m., Monday to Friday

Bathrobes, towels and bath slippers will be  
offered to you upon your arrival

A Gourmet Plate or a Vegetarian Plate will  
be served, accompanied by a glass of wine  
and mineral water

Our herbal tea room will allow you  
to quench your thirst with cold tea,  
hot tea and mineral water

**95 € per person**

## THE ESQUISSE GATAWAY

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Access to the Spa facilities  
from 11 a.m. to 5 p.m., Monday to Friday

Bathrobes, towels and bath slippers will be  
offered to you upon your arrival

A 1-hour treatment of your choice

Our herbal tea room will allow you to quench  
your thirst with cold tea, hot tea and  
mineral water

A Gourmet Plate or a Vegetarian Plate  
will be served, accompanied by  
a glass of wine and mineral water

**235 € per person**



## OUR INSTALLATIONS

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SWIMMING POOL

SAUNA

HAMMAM

JACUZZI

OUTDOOR PATIO/SOLARIUM

RESTING ROOM, ICE FOUNTAIN

HERBAL TEA ROOM

CLUB FITNESS

CHANGING ROOMS



## LE CLUB / FITNESS

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### *Espace Fitness*

With unlimited access for our hotel customers \*, our fitness area equipped with TECHNOGYM equipment, offers you state-of-the-art fitness services.

Our qualified coaches accompany you for private, tailor-made sports sessions (subject to prior reservation).

### *Become a member*

As a year-round member, you will have unlimited access to our Fitness Club.

#### **Vos avantages en tant que membre :**

- Access to our Spa facilities, every day from 10 a.m. to 8 p.m
- Bathrobes, towels and bath slippers at your disposal
- 1<sup>st</sup> session with our personal trainer to determine your needs and develop a personalized training program
- Follow-up sessions quarterly with our personal trainer
- A complementary 1-hour Sport Massage
- 10% reduction on all our treatments as well as in our boutique
- 10% reduction at the Kbar

Annual subscription fee: 4200 €



## ETIQUETTE SPA L'ESQUISSE

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### *Reservations*

The Esquisse spa invites you to book your treatments in advance in order to be able to ensure as much availability as possible. We thank you for respecting the schedules of your appointments.

You are asked to arrive 15 minutes before the start of your treatment. Any delays will impact your treatment time, and the Esquisse spa team cannot guarantee you a service for the initial scheduled duration.

The durations indicated include the installation in the cabin. Facial treatments include a skin diagnosis. Hotel guests are invited to come directly to the Spa in bathrobe and slippers from their room. All our treatments can be performed as a duo.

### *Changes and cancellations*

For any change or cancellation of treatment, you are requested to contact Spa l'Esquisse only, within a minimum of 24 hours before the start of the treatment. Beyond this period, any canceled treatment will be invoiced in full. Likewise, you will be billed for any absence from a reserved treatment. Any reservation made within 24 hours is non-cancellable.



### *Health*

The treatments provided in the spa are reserved exclusively for healthy people. A mandatory questionnaire will be given to you before the treatment in order to best personalize your moment. Please advise us of any health problem, allergy or injury that could interfere with the smooth running of your wellness service, or the use of Spa equipment. In case of doubt, please consult your doctor before making any reservation. The Spa is a non-medical environment and all the Treatments provided there have the sole purpose of your well-being. In order to protect future mothers, wellness massages can only be performed between the 3rd and 8th month of pregnancy.

### *Health and Safety*

Wearing a swimsuit is mandatory in all of our facilities. In case you forgot yours, swimsuits are available for sale at the Spa Reception. Full-body swimsuits are not permitted in the Spa. Taking a shower is mandatory before accessing the facilities. People with long hair are asked to tie it up before accessing the pool. The pool surroundings can be slippery so we recommend caution when walking in this area.

### *Respect for others*

The Spa is an environment of tranquility, harmony and well-being. Therefore, the use of mobile phones is prohibited in the Spa.

Children under 16 years old are welcome at the Spa daily from 12 a.m. to 2 p.m. when accompanied by an adult.

For hygienic reasons, the Spa is a non-smoking area. A dedicated space in the outdoor patio/solarium is made available to customers for this purpose.

We recommend that you deposit all valuables and jewelry in your room safe or locker. The Management cannot be held responsible in the event of loss, theft, forgetfulness or damage to objects within the Spa.

### *Right of access to the Spa*

Customers who do not reside at the hotel benefit from a right of access to the spa for one hour before their treatment, for all well-being services over an amount of €145.

The spa includes: swimming pool, jacuzzi, outdoor patio / solarium, hammam, sauna, ice fountain, relaxation room, herbal tea room, fitness, changing rooms.



## HOURS

Open every day from 10 a.m. to 8 p.m.

**Reservation possible from your room  
or from our site web [www.lesquisse-colmar.com](http://www.lesquisse-colmar.com)**

## ADDRESS

l'Esquisse Spa by Clarins  
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68000 Colmar

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For the purchase of a gift voucher, you can  
contact us directly by email, phone or visit our  
website [www.lesquisse-colmar.com](http://www.lesquisse-colmar.com)

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