



Treatment menu

Body care

GENTLE MASSAGE*

60 min - €90

A cocooning body treatment with slow, enveloping movements that provide deep relaxation, comfort, and relief from daily stress.

DEEP MASSAGE*

60 min - €100 / 90 min - €140

This body treatment is performed at a gentle yet firm pace, helping to release muscle tension and eliminate toxins.

LOMI LOMI MASSAGE

60 min - €140

An invitation to travel to exotic Hawaiian-inspired lands, this treatment aims to restore balance between body and mind.

AFRICA MASSAGE

60 min - €140

A relaxing and toning massage combining deep techniques and varied rhythms for full-body release.

Maderotherapy

A draining massage performed with wooden tools adapted to each area of the body, helping to stimulate tissues and promote a feeling of lightness.

LEGS + BUTTOCKS

60 min - €140

LEGS + STOMACH + HIPS

90 min - €180

FULL BODY (LEGS + STOMACH + HIPS + BACK)

120 min - €230

Reflexology

Reflexology, combined with a massage, promotes relaxation and helps rebalance the body's energy flow.

LEG MASSAGE

+ PLANTAR REFLEXOLOGY

60 min - €130

BODY MODELLING

+ PLANTARY REFLEXOLOGY

90 min - €160

BODY MODELLING

+ FACIAL & CRANIAL REFLEXOLOGY

90 min - €160

Face Care

SA deep-cleansing treatment that hydrates the skin and leaves it clear and purified. For women and men.

GENTLE TREATMENT*

60 min - €90

FACE CARE + BODY CARE*

90 min - €170

FACE CARE + BODY CARE + PLANTARY

REFLEXOLOGY

120 min - €210

Knap Points - Trigger Points

This technique stimulates targeted muscle points to relieve tension and promote overall relaxation throughout the body.

KNAP POINTS + BACK MASSAGE

60 min - €130

KNAP POINTS + DEEP MASSAGE

90 min - €160

Complementary services

Pressotherapy (legs, buttocks, abdomen) stimulates circulation, promotes lymphatic drainage, reduces water retention, and relieves heavy legs.

Cryotherapy uses cold therapy to relieve pain and support post-exercise recovery.

Pressotherapy - €50 // Pressotherapy + cryotherapy - €70

These services can be combined with the treatments mentioned above*

Practical information

Monday to Sunday: 8am to 12pm - 2pm to 8pm / by appointment only

Please give us 24 hours' notice of any changes or cancellations. All appointments not cancelled within this period will be invoiced in full. Individual treatments are only available to guests who are at least 18 years old. Please note that the duration of the treatment also includes the time for undressing and dressing.

Treatments during pregnancy

For pregnant women, our practitioner cannot offer treatments during the first trimester and the last month of pregnancy. Maderotherapy is not permitted during pregnancy.