



LE DOMAINE
DE
SAINT-ANDRÉOL

Golf & Spa Resort

WELCOME GUIDE





DOMAIN ORIENTATION PLAN





PHONE BOOK

SERVICE	NUMBER
Reception Rentals	+ 33 (0)4 94 51 82 04
Reception Residence	+ 33 (0)4 94 51 89 80
Golf Reception	+ 33 (0)4 94 51 89 89
Spa reception	+ 33 (0)4 94 51 75 11
Restaurant	+ 33 (0)4 94 51 89 88
Guard post 7:30 a.m. to 9 p.m. <i>Open 24/7 July and August</i>	+ 33 (0)4 94 51 75 02



EXTERNAL SERVICES

SERVICE	NUMBER
Baby sitter	Sabrina: + 33 (0)6 10 70 57 48
Taxi	Renaud: + 33 (0)6 13 13 65 06
Fan de coiffure- La motte	+ 33 (0)4 94 76 10 30

SUPERMARKETS :

• Supermarché Casino - 4 km
Bd de la Libération, Le Muy
6 a.m. - 10 p.m.

• Grand frais - 8 km
ZAC des Ferrières, Le Muy
8:30 a.m. - 8 p.m.

• Carrefour market
Quartier Saint-Roch, Le Muy
8:30 a.m. - 8 p.m.



GOLF

This 18-hole course of great renown, the jewel of the golf courses of France, takes place under your feet in absolute tranquility, along the Endre river.

Dominated by the imposing Rocher de Roquebrune, which blazes at sunset, the river and the ponds follow one another in the middle of the garrigue, oaks and hundred-year-old umbrella pines.

This hilly course which can be physical and constitute a challenge for golfers does not present any real great difficulties. Saint Endréol offers players of all levels a spectacular course surrounded by nature where each fairway has its own personality.

BOOK A GREEN FEE - Resident price

- **18 holes** 69.00 €
- **9 holes** from N°10 to N°18 49.00 €
Mornings only & subject to availability
- **Golf Cart 18 holes** 42.00 €
- **Golf Cart 9 holes** 29.00 €
Booking required - 04 94 51 89 89

PRACTICE AREA

20 workstations including 9 covered putting green
Chipping green with practice bunker

- **34 balls (1 bucket)** 4.00 €
- **204 balls (6 buckets, 1 free)** 22.00 €
Practice closed on Friday morning

GOLF COURSE

You want to learn golf or perfect your swing, our golf teachers are available on site throughout the year for private lessons.

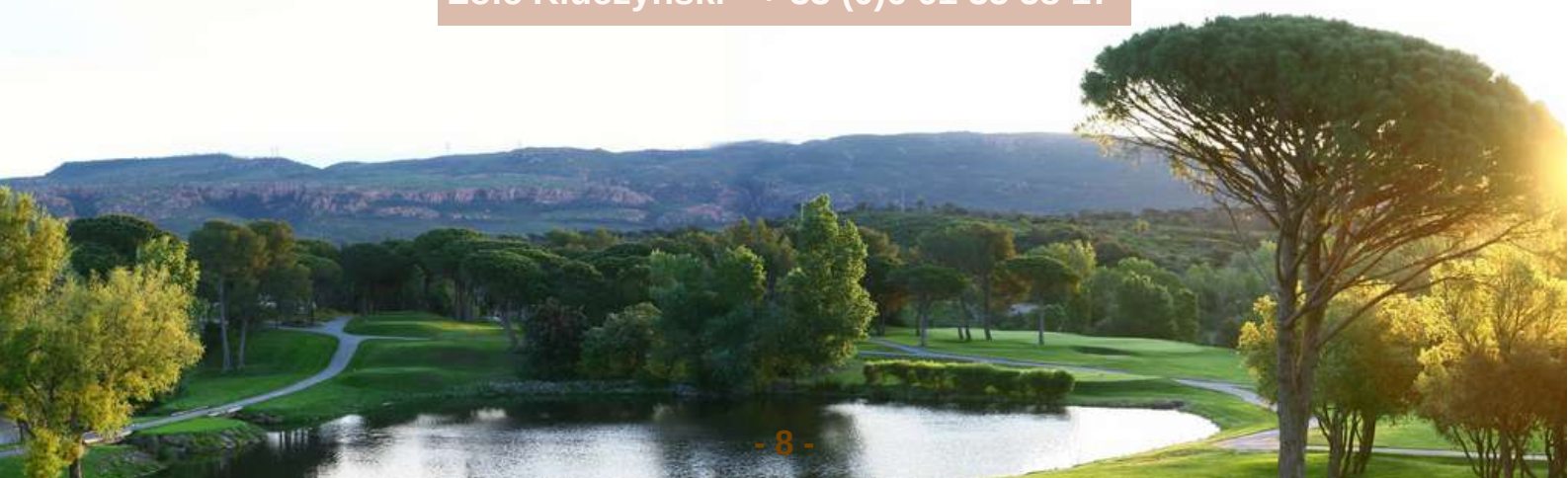
GOLF INITIATION

- Golf lesson 1 hour for 3 to 4 people.
30 € / pers.
- Golf lesson 2 hours from 3 to 4 pers.
50 € / pers.

EXPERIENCED PLAYERS

- Individual golf lesson:
1 hour: €70 - 2 hours: €130
- Duo golf lesson:
1 hour: €90 - 2 hours: €170

Arnaud Poard - + 33 (0)6 21 28 67 97
Loic Kluczynski - + 33 (0)6 61 35 58 17





THE SPA

For a moment of pure relaxation, the 2000 m² spa welcomes you in a soothing setting open to nature.

Access to the Spa is limited to 2 consecutive hours and reserved for people over 16 years old.

OPENING HOURS

Monday from 10 a.m. to 7 p.m. - Tuesday from 2 p.m. to 7 p.m. - Wednesday to Saturday from 10 a.m. to 7 p.m. and Sunday from 10 a.m. to 6 p.m.

The wellness area is composed of:

- Indoor swimming pool with swimming lane
- Balneotherapy
- Underwater jet beds
- Mixed hammam
- Solarium
- relaxation room
- Sauna man & Sauna woman



YOUR VOUCHER GIVES YOU ACCESS TO 2 HOURS PER PERSON PER DAY (Monday to Friday) -
Reserved for people over 16 years old

CARES

In terms of cosmetics, the Saint Endréol Spa has chosen a quality partner. Californian massages, facials, beauty rituals, discover all of our top-of-the-range personalized treatments:

THE CARE MENU



Comfort Zone

Comfort Zone, a multi-sensory brand of products for the body and mind, aimed at both Mr and Mrs thanks to its specific treatments. Find a wide range of products suitable for all skin types at the spa boutique.





WALKING TRAIL

Within the estate, 3 marked trails are available for your walks and jogs from 1.4km to 3km.

- Information and map at reception accommodation -



BIKE RENTAL

Information at the residence or rental reception

- Offices facing the bikes -

1/2 day	12 €
Daytime	18 €
3 days	35 €
1 week	55 €

Recommended booking upon arrival





FITNESS ROOM

Elliptical trainers, rowing machines and exercise bikes are available in the fitness room.

OPENING HOURS

Monday to Saturday from 10 a.m. to 7 p.m. and Sunday from 10 a.m. to 6 p.m.

● 1 hour of access..... 12€/hour

Mandatory booking



TENNIS COURT

● Tennis court rental 12€/hour

Possibility to lend tennis rackets and balls - Loan directly at the Spa

YOUR VOUCHER GIVES YOU ACCESS TO 1 HOUR OF TENNIS PER WEEK FOR FREE

Mandatory booking at the spa





SAINT-ENDREOL RESTAURANT

OPENING HOURS

From 12 p.m. to 3 p.m. and from 7:30 p.m. to 9:30 p.m. - 7 days a week

Reservation strongly recommended: +33 (0)4 94 51 89 88

The Restaurant welcomes you in its dining room with its southern atmosphere or on the terrace with its panoramic view of the golf course.

The recipes, which favor local seasonal products, with Mediterranean flavors, are available in different formulas:

- At lunchtime, you will have the choice between a bistronomic menu and a light menu
- In the evening, you will have the choice between a seasonal menu and a menu of the day
- In summer, you will appreciate the grill evenings on Tuesdays and Fridays

DISCOVER THE MENUS



THE CLUBHOUSE OF SAINT ENDREOL

For a quick and gourmet snack, the clubhouse bar offers sandwiches, paninis and pastries, to be enjoyed by the fireplace or on the terrace with a view of the hole 18 green. You will also find hot drinks there. cocktails, wine and many other appetizers

DISCOVER THE SNACKS





THE RESTAURANTS

● Restaurant de la Maurette

Route de bagnols en forêt

LA MOTTE 83920

+ 33 (0)4 94 45 92 82

🕒 Open every day - Lunch and Evening

● Restaurant la Bohème

Boulevard André Bouis

LA MOTTE 83920

+ 33 (0)4 94 70 54 22

🕒 Open at noon
Open evenings Friday and Saturday
Closed on Tuesday

● Restaurant la Fontaine

1 place Clémenceau

CALLAS 83830

+ 33 (0)4 94 67 04 97

🕒 Open Thursday to Monday - Lunch and Evening

● Restaurant le Moulin des Voisins

1 place Clémenceau

CALLAS 83830

+ 33 (0)4 94 47 70 52

🕒 Open Wednesday to Sunday - Lunch and Evening
Closed on Monday noon

● Restaurant la Grotte

Place des Moulins

TRANS EN PROVENCE 83720

+ 33 (0)4 94 70 87 59

🕒 Open from Tuesday to Sunday for lunch

● Restaurant la Terrasse

46 rue du Dr Mourre

LES ARCS 83460

+ 33 (0)4 94 73 92 53

🕒 Open Tuesday to Saturday - Lunch and Evening

● Restaurant la Table de Pol

18 BD Georges Clémenceau

LORGUES 83510

+ 33 (0)4 94 47 08 41

🕒 Open from Tuesday to Sunday for lunch

La pizzeria du coin : La Pinède

RN7 quartier Préveyre

LES ARCS 83460

+ 33 (0)4 94 45 91 92



🕒 Open every day - Lunch and Evening



FISH AND SEAFOOD RESTAURANTS

● Restaurant le Sirocco

35 Quai Albert 1er

ST RAPHAEL 83700

+ 33 (0)4 94 95 39 99

🕒 Open every day - Lunch and Evening

● Restaurant le Coelacanthe

Port Santa Lucia

ST RAPHAEL 83700

+ 33 (0)4 94 83 61 04

🕒 Open Thursday to Tuesday - Lunch or Evening



GASTRONOMIC RESTAURANTS

● Restaurant les Gorges de Pennafort

Passionate and demanding, the chef Anthony Salliège delivers at the Hostellerie a gourmet and generous menu from local products

Route de Callas

CALLAS 83830

+ 33 (0)4 94 76 66 51

Open Wednesday to Saturday - Lunch and Evening

Open on Sunday for lunch

From July 17th to August 15th : open on Tuesday evening



Restaurant le Relais des Moines ●

"I try to glean the best local products. A meticulous work to propose a contemporary cuisine".

- Sébastien Sanjou

Route Ste Roseline

LES ARCS 83460

+ 33 (0)4 94 47 40 93

Open Wednesday to Sunday - Lunch and Evening

● Restaurant le Castellaras

"In this Provençal bastide, we cook with local and seasonal products with a great concern for the environment".

- Hermance Joplet

461 chemin de Paymeyan

FAYENCE 83440

+ 33 (0)4 94 76 13 80

Open from Friday to Sunday - Lunch and Evening



Restaurant chez Bruno ●

Chez Bruno is to enter a world of sharing, respect and a fantastic discovery of the Truffle in all its forms.

2350 route des arcs

LORGUES 83510

+ 33 (0)4 94 85 93 93

Open every day - Lunch and Evening



THE WINE ESTATES

Château des demoiselles

This domain steeped in history is known for its elegant and refined rosé wines. Wines here are balanced and charming.



Tasting / Visit of the estate and the cellar

This domain cultivates exception, with rosés for ageing displaying unusual flavours.



Tasting / Visit of the estate and the cellar

Château d'Esclans

Les vigneronns de Saint Romain

The wine cooperative has united around it five other cooperative wineries, to insure the extend and the quality of its vineyards and to offer a large variety of wines.



Tasting / Visit of the estate and the cellar

LA MOTTE

Château la Font du Broc

Sylvain Massa has made an equestrian paradise as well as a wine Eden with exceptional vintages. He produces particularly ambitious and unique wines.



Tasting / Visit of the estate and the cellar / Outdoor activities

Classified Growth, classified site. One of the jewels of the Côtes de Provence with the unmistakable packaging of its gastronomic vintages.



Tasting / Visit of the estate and the cellar / Vineyard trails

Château Sainte-Roseline

Chateau Clarettes

They have been active in the development of the winery, with the aim of creating a vineyard that produces wines of the highest quality.



Tasting / Visit of the estate and the cellar

LES ARCS

Château Saint Esprit

It's a beautiful image of Provence: ochre earth, a faded pink bastide, lavender shutters, green vineyards, and old stones golden by time.



Tasting / Visit of the estate and the cellar / Outdoor activities

It has become a reference in Provence for its excellent wine, as evidenced by the many awards gleaned from competitions.



Tasting / Sale of local products

Domaine de la Bouverie

Chateau du Rouet

On this Mediterranean terroir, the alliance of tradition and modern techniques gives wines aromas and characters.



Tasting / Visit of the estate and the cellar / Vineyard trails



THE VINEYARDS

MONDAY

Les Issambres

8 a.m. to 1 p.m. - Place San Peire and rue des Sars

Flayosc

8 a.m. to 1 p.m. - Republic Square

TUESDAY

Lorgues



8 a.m. to 1 p.m. - Downtown

Saint Tropez

8 a.m. to 1 p.m. - Place des Lices

WEDNESDAY

Frejus

8 a.m. to 1 p.m. - Place Formigé

Montferrat

8 a.m. to 1 p.m. - Place Gabriel Péri

Aups

8 a.m. to 1 p.m. - Downtown

THURSDAY

Les Arcs sur Argens

8 a.m. to 1 p.m. - Place du General de Gaulle

St. Raphael

8 a.m. to 1 p.m. - Rue de la Republic

FRIDAY

Saint-Aygulf

8 a.m. to 1 p.m. - Avenue du Train des Pignes

Roquebrune

8 a.m. to 1 p.m. - Downtown

Sainte-Maxime

8 a.m. to 1 p.m. - Place Jean Mermoz

SATURDAY

Callas

8 a.m. to 1 p.m. - Place Clemenceau

earthenware

8 a.m. to 1 p.m. - Church Square

Draguignan



8 a.m. to 1 p.m. - Market Square

SUNDAY

Le Muy



8 a.m. to 1 p.m. - City Center

Vidauban

8 a.m. to 1 p.m. - Downtown



Among the most beautiful markets in the Var






TOURIST OFFICES AROUND

Le Muy

From Tuesday to Thursday:
9 a.m. - 12:30 p.m.
Monday and Friday:
9am-12.30pm and 1.30pm-5pm


 **04 94 50 07 01**

Website



Draguignan

From Monday to Friday :
9 a.m. - 12:30 p.m. and 1:30 p.m. -
5 p.m.
SATURDAY : 9h-12h30

 **04 98 10 51 05**

Website



Frejus

Monday to Saturday :
9:30 a.m.-12 p.m. and 2 p.m.-6
p.m.

 **04 94 51 83 83**

Website



Puget-sur-Argens

From Tuesday to Thursday:
9 a.m. - 12:30 p.m. and 2:30 p.m. -
5 p.m.
Friday : 9am-12.30pm and 4pm-
5pm

 **04 83 09 81 14**

Website





NATURAL SITES TO VISIT

● The blavet gorges

Between Bagnols-en-forêt and La Bouverie, the Gorges du Blavet are a rock formation dug over time into the volcanic rocks of the massif. Discover the Gorges du Blavet for hiking or even climbing! With its breathtaking landscapes, take the time to admire them and breathe a little!



● Rock of Roquebrune

An unmissable rock overlooking the Argens plain, it's the ideal destination for a fun family hike. The Rock of Roquebrune, a classified site of national interest culminates at 373 meters in height. From there, you can discover a superb 360° view of the Argens valley, Fréjus, the Estérel and, in the distance, the Alps.

● Gorges du Verdon

In the heart of the Verdon Regional Natural Park, this enormous canyon forms a huge gash that seems to have been created by the gods. It is the result of the incredible power of erosion in the Verdon onto the limestone plateaus of Provence. The canyon can be explored by canoe or on foot. It can also be admired from the road which offers stunning viewpoints



● The island of Porquerolles

A church, with Mexican accents, sits enthroned on the village square hemmed with giant eucalyptus trees around which cheerfully wrap café terraces and very simple houses abundantly flowered. Perched on a promontory, the stocky Fort Sainte-Agathe stands guard. Next to it, the pretty mill of happiness, fully restored. Take on foot or by bike its paths lined with pines, myrtles and heather... Cliffs and wild creeks, long golden beaches, valleys fringed with vineyards.

On site: Bike rental, Restaurants, Water sports, Exhibitions




VILLAGES TO VISIT

-- > *Less than an hour's drive*


● Cotignac

After visiting the caves, which offer excellent views over the roofs of the village, wander along the pretty Cours Gambetta, in the shade of century-old plane trees, refreshed by two beautiful fountains. This square is a nice place to spend some time, sitting at one of the café or restaurant terraces, or wandering through the picturesque old streets, lined with tall ochre-coloured houses. Certified as a 'Village de Caractère du Var'.



Our favorite 
Carpe Diem Castle



Our favorite 
Val d'Iris domain


● Seillans

Certified as one of the 'Most Beautiful Villages in France', Seillans is a particularly charming village that has kept the soul of the Provençal hilltop villages. Its terraced houses, inconceivably interlaced with cobbled streets, shaded squares, craftspeople and artists make it a charming place to visit.

● Villecroze

A Tuscan garden and caves for a castle! "Village of Character", Villecroze has retained its medieval character with its arcades, narrow streets, fountains and church. To the north of the village stands a cliff from which flows a waterfall that waters the Tuscan garden at its feet. This cliff offers a whole maze of small caves which served as shelters for the inhabitants.



Our favorite 
Cap Taillat and Port Grimaud

● Saint Tropez

In April, May, June, September and October, there's no more showing off, as the 'myth' becomes the little fishing village of former times, revealing itself to be authentic, charming and pleasant. As you wander, you will discover its colourful streets, flowery alleyways, squares, markets and museums. You can climb up to La Citadelle, before descending into a maritime cemetery, and survey the port, where you can relax on a café terrace.



CULTURAL ACTIVITIES

● Abbey of Thoronet

In the heart of the Var hinterland, Thoronet Abbey is one of the "three Provençal sisters", along with the abbeys of Sénanque and Silvacane. Built at the end of the 12th century, Thoronet Abbey is a model of architecture in terms of the purity of its lines, the simplicity of its volumes, its harmonious proportions and its exceptional acoustics. The absolute stripping of its architecture is a source of inspiration for many 20th century architects, including Le Corbusier.



BUY MY TICKET



● Cloister of the Cathedral of Fréjus

Medieval ensemble of beautiful architectural unity, the episcopal group consists of a cathedral surrounded by remarkable buildings: baptistery, cloister on two floors, canonical buildings. The painted wooden ceiling of the cloister presents an exceptional bestiary of fantastic animals.

BUY MY TICKET



● The Mill of Callas

every Thursday in July and August at 10:00 on the theme "Discovering olive oil" manufacturing process and discovery of our production of olive oils and tapenade and anchovy toasts tasting accompanied by a wine "Rosé de pays".

Duration: 1 hour, price: free

I BOOK



● Domain of Rayol

Conceived by Gilles Clément, it's an invitation to travel through Mediterranean landscapes across the world, as well as others with a drier... or sub-tropical... climate... This small 50 acre fragment of the earth, is a corner of our planet which concentrates and illuminates, with both strength and beauty, those interactions between mankind and nature.

I VISIT





SPORTS ACTIVITIES / WITH CHILDREN

THE VINE BY BIKE



La Vigne à Vélo is ideal for nature lovers and families for whom safety is primary. This route of 20 km in total allows children to pedal in complete safety. The slope is low and the vegetation allows for beautiful shaded areas. With a tarmac surface, pedaling is easier.

For picnicking, tables and fountains are set up along the route.



1 Canoe and Paddle

Roquebrune-sur-Argens

The Base du Rocher is the departure point for lots of outdoor exploration by canoe, by paddle board in the lower Argens valley surrounding by the hills of the Esterel.

April-May: reservation required

June-September: reservation recommended

More information + 33 (0)6 61 41 75 74



3 JetFun Escape

Saint-Aygulf

Jet ski rental (from 16 years old) and hikes with or without a licence. FLYboard, towed gear (fly-fish, Banana, Buoy, Air-steam, Sofa) training boat-school.

Open from May 1 to September 30

More information + 33 (0)6 66 48 87 84



2 Oxygen Evasion Park

Puget-sur-Argens

Tree climbing with 6 courses for the big adventurers and 3 courses for the little ones from 4 years old. There are over 125 games in the trees. Paintball and relaxation area with a snack available. Remember to book!

More information + 33 (0)6 46 09 24 03



4 South Wake Park

Puget-sur-Argens

In the middle of the vineyards and on the lake, the South Wake Park is a water ski lift allowing the practice of sliding sports such as wake boarding and water skiing. You can also relax in the equipped spaces

More information + 33 (0)6 79 01 13 92





SPORTS ACTIVITIES / WITH CHILDREN

5 Sea excursions *Saint Raphael*

You will discover the coastline far from the hustle and bustle of crowded beaches. You will sail at the foot of the Massif de L'Estérel, the village of St Tropez and the Lérins Islands.

An unusual boat trip as close as possible to the curiosities of the coast.

More information + 33 (0)4 94 17 52 34



7 Karting Frejus *Frejus*

Inter Racing Kart welcomes you all year round for individual adult and child rentals.

Two tracks are at your disposal: one of 600m for the older ones, and the other of 130m for the little ones

More information + 33 (0)4 94 97 50 97



9 Luna Park *Frejus*

Luna Park offers attractions for children and adults: carousels, thrill rides, ghost train, bumper cars and many more. A mini-park is also dedicated to the youngest with unlimited access to the rides. Not to mention the brasserie located at the entrance to the park

Opening May 26, 2023

More information



6 Via Ferrata / Climbing *Saint Raphael*

Natural adventure trails to discover the Massifs of the region with family or friends. Calanques National Park, Sainte Victoire, Calanques de l'Estérel.

More information + 33 (0)6 62 24 02 14



8 Horse ride *Puget-sur-Argens*

Horseback riding in the Esterel massif with calm and safe horses. Paths of several difficulty levels depending on demand and level.

Breathtaking views of the Esterel and Maures mountains, the famous Rocher de Roquebrune sur argens and the bay of Saint Raphael up to Sainte Maxime!

More information + 33 (0)4 94 19 10 60



10 Aqualand *Frejus*

Aqualand Fréjus offers a fun festival, with its 19 exceptional attractions on more than 7 hectares.

The reference for winter sports fans, with its 2 unique attractions in Europe!

Opening on June 14, 2023

More information + 33 (0)4 94 51 82 51





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