



SOURROUNDING ACTIVITIES



THE VINEYARDS

THE LOCAL MARKETS

TOURIST OFFICES AROUND

NATURAL SITES TO VISIT

VILLAGES TO VISIT

CULTURAL ACTIVITIES

SPORTS ACTIVITIES / WITH CHILDREN





THE WINE ESTATES

Château des demoiselles

This domain steeped in history is known for its elegant and refined rosé wines. Wines here are balanced and charming.



Tasting / Visit of the estate and the cellar

This domain cultivates exception, with rosés for ageing displaying unusual flavours.



Tasting / Visit of the estate and the cellar

Château d'Esclans

Les vigneron de Saint Romain

The wine cooperative has united around it five other cooperative wineries, to insure the extend and the quality of its vineyards and to offer a large variety of wines.



Tasting / Visit of the estate and the cellar

LA MOTTE

Château la Font du Broc

Sylvain Massa has made an equestrian paradise as well as a wine Eden with exceptional vintages. He produces particularly ambitious and unique wines.



Tasting / Visit of the estate and the cellar / Outdoor activities

Classified Growth, classified site. One of the jewels of the Côtes de Provence with the unmistakable packaging of its gastronomic vintages.



Tasting / Visit of the estate and the cellar / Vineyard trails

Château Sainte-Roseline

Chateau Clarettes

They have been active in the development of the winery, with the aim of creating a vineyard that produces wines of the highest quality.



Tasting / Visit of the estate and the cellar

LES ARCS

Château Saint Esprit

It's a beautiful image of Provence: ochre earth, a faded pink bastide, lavender shutters, green vineyards, and old stones golden by time.



Tasting / Visit of the estate and the cellar / Outdoor activities

It has become a reference in Provence for its excellent wine, as evidenced by the many awards gleaned from competitions.



Tasting / Sale of local products

Domaine de la Bouverie

Chateau du Rouet

On this Mediterranean terroir, the alliance of tradition and modern techniques gives wines aromas and characters.



Tasting / Visit of the estate and the cellar / Vineyard trails



THE VINEYARDS

MONDAY

Les Issambres

8 a.m. to 1 p.m. - Place San Peire and rue des Sars

Flayosc

8 a.m. to 1 p.m. - Republic Square

TUESDAY

Lorgues 

8 a.m. to 1 p.m. - Downtown

Saint Tropez

8 a.m. to 1 p.m. - Place des Lices

WEDNESDAY

Frejus

8 a.m. to 1 p.m. - Place Formigé

Montferrat

8 a.m. to 1 p.m. - Place Gabriel Péri

Aups

8 a.m. to 1 p.m. - Downtown

THURSDAY

Les Arcs sur Argens

8 a.m. to 1 p.m. - Place du General de Gaulle

St. Raphael

8 a.m. to 1 p.m. - Rue de la Republic

FRIDAY

Saint-Aygulf

8 a.m. to 1 p.m. - Avenue du Train des Pignes

Roquebrune

8 a.m. to 1 p.m. - Downtown

Sainte-Maxime

8 a.m. to 1 p.m. - Place Jean Mermoz

SATURDAY

Callas

8 a.m. to 1 p.m. - Place Clemenceau

earthenware

8 a.m. to 1 p.m. - Church Square

Draguignan 

8 a.m. to 1 p.m. - Market Square

SUNDAY

Le Muy 

8 a.m. to 1 p.m. - City Center

Vidauban

8 a.m. to 1 p.m. - Downtown



Among the most beautiful markets in the Var






TOURIST OFFICES AROUND

Le Muy

From Tuesday to Thursday:
9 a.m. - 12:30 p.m.
Monday and Friday:
9am-12.30pm and 1.30pm-5pm


 **04 94 50 07 01**

Website



Draguignan

From Monday to Friday :
9 a.m. - 12:30 p.m. and 1:30 p.m. -
5 p.m.
SATURDAY : 9h-12h30


 **04 98 10 51 05**

Website



Frejus

Monday to Saturday :
9:30 a.m.-12 p.m. and 2 p.m.-6
p.m.

 **04 94 51 83 83**

Website



Puget-sur-Argens

From Tuesday to Thursday:
9 a.m. - 12:30 p.m. and 2:30 p.m. -
5 p.m.
Friday : 9am-12.30pm and 4pm-
5pm

 **04 83 09 81 14**

Website





NATURAL SITES TO VISIT

● **The blavet gorges**

Between Bagnols-en-forêt and La Bouverie, the Gorges du Blavet are a rock formation dug over time into the volcanic rocks of the massif. Discover the Gorges du Blavet for hiking or even climbing! With its breathtaking landscapes, take the time to admire them and breathe a little!



● **Rock of Roquebrune**

An unmissable rock overlooking the Argens plain, it's the ideal destination for a fun family hike. The Rock of Roquebrune, a classified site of national interest culminates at 373 meters in height. From there, you can discover a superb 360° view of the Argens valley, Fréjus, the Estérel and, in the distance, the Alps.

● **Gorges du Verdon**

In the heart of the Verdon Regional Natural Park, this enormous canyon forms a huge gash that seems to have been created by the gods. It is the result of the incredible power of erosion in the Verdon onto the limestone plateaus of Provence. The canyon can be explored by canoe or on foot. It can also be admired from the road which offers stunning viewpoints



● **The island of Porquerolles**

A church, with Mexican accents, sits enthroned on the village square hemmed with giant eucalyptus trees around which cheerfully wrap café terraces and very simple houses abundantly flowered. Perched on a promontory, the stocky Fort Sainte-Agathe stands guard. Next to it, the pretty mill of happiness, fully restored. Take on foot or by bike its paths lined with pines, myrtles and heather... Cliffs and wild creeks, long golden beaches, valleys fringed with vineyards.

On site: Bike rental, Restaurants, Water sports, Exhibitions




VILLAGES TO VISIT

-- > *Less than an hour's drive*


● Cotignac

After visiting the caves, which offer excellent views over the roofs of the village, wander along the pretty Cours Gambetta, in the shade of century-old plane trees, refreshed by two beautiful fountains. This square is a nice place to spend some time, sitting at one of the café or restaurant terraces, or wandering through the picturesque old streets, lined with tall ochre-coloured houses. Certified as a 'Village de Caractère du Var'.



Our favorite 
Carpe Diem Castle



Our favorite 
Val d'Iris domain


● Seillans

Certified as one of the 'Most Beautiful Villages in France', Seillans is a particularly charming village that has kept the soul of the Provençal hilltop villages. Its terraced houses, inconceivably interlaced with cobble streets, shaded squares, craftspeople and artists make it a charming place to visit.

● Villecroze

A Tuscan garden and caves for a castle! "Village of Character", Villecroze has retained its medieval character with its arcades, narrow streets, fountains and church. To the north of the village stands a cliff from which flows a waterfall that waters the Tuscan garden at its feet. This cliff offers a whole maze of small caves which served as shelters for the inhabitants.



Our favorite 
Cap Taillat and Port Grimaud

● Saint Tropez

In April, May, June, September and October, there's no more showing off, as the 'myth' becomes the little fishing village of former times, revealing itself to be authentic, charming and pleasant. As you wander, you will discover its colourful streets, flowery alleyways, squares, markets and museums. You can climb up to La Citadelle, before descending into a maritime cemetery, and survey the port, where you can relax on a café terrace.



CULTURAL ACTIVITIES

● **Abbey of Thoronet**

In the heart of the Var hinterland, Thoronet Abbey is one of the "three Provençal sisters", along with the abbeys of Sénanque and Silvacane. Built at the end of the 12th century, Thoronet Abbey is a model of architecture in terms of the purity of its lines, the simplicity of its volumes, its harmonious proportions and its exceptional acoustics. The absolute stripping of its architecture is a source of inspiration for many 20th century architects, including Le Corbusier.



BUY MY TICKET



● **Cloister of the Cathedral of Fréjus**

Medieval ensemble of beautiful architectural unity, the episcopal group consists of a cathedral surrounded by remarkable buildings: baptistery, cloister on two floors, canonical buildings. The painted wooden ceiling of the cloister presents an exceptional bestiary of fantastic animals.

BUY MY TICKET



● **The Mill of Callas**

every Thursday in July and August at 10:00 on the theme "Discovering olive oil" manufacturing process and discovery of our production of olive oils and tapenade and anchovy toasts tasting accompanied by a wine "Rosé de pays".

Duration: 1 hour, price: free

I BOOK



● **Domain of Rayol**

Conceived by Gilles Clément, it's an invitation to travel through Mediterranean landscapes across the world, as well as others with a drier... or sub-tropical... climate... This small 50 acre fragment of the earth, is a corner of our planet which concentrates and illuminates, with both strength and beauty, those interactions between mankind and nature.

I VISIT





SPORTS ACTIVITIES / WITH CHILDREN

THE VINE BY BIKE



La Vigne à Vélo is ideal for nature lovers and families for whom safety is primary. This route of 20 km in total allows children to pedal in complete safety. The slope is low and the vegetation allows for beautiful shaded areas. With a tarmac surface, pedaling is easier.

For picnicking, tables and fountains are set up along the route.



1 Canoe and Paddle

Roquebrune-sur-Argens

The Base du Rocher is the departure point for lots of outdoor exploration by canoe, by paddle board in the lower Argens valley surrounding by the hills of the Esterel.

April-May: reservation required

June-September: reservation recommended

More information + 33 (0)6 61 41 75 74



3 JetFun Escape

Saint-Aygulf

Jet ski rental (from 16 years old) and hikes with or without a licence. FLYboard, towed gear (fly-fish, Banana, Buoy, Air-steam, Sofa) training boat-school.

Open from May 1 to September 30

More information + 33 (0)6 66 48 87 84



2 Oxygen Evasion Park

Puget-sur-Argens

Tree climbing with 6 courses for the big adventurers and 3 courses for the little ones from 4 years old. There are over 125 games in the trees. Paintball and relaxation area with a snack available. Remember to book!

More information + 33 (0)6 46 09 24 03



4 South Wake Park

Puget-sur-Argens

In the middle of the vineyards and on the lake, the South Wake Park is a water ski lift allowing the practice of sliding sports such as wake boarding and water skiing. You can also relax in the equipped spaces

More information + 33 (0)6 79 01 13 92





SPORTS ACTIVITIES / WITH CHILDREN

5 Sea excursions
Saint Raphael

You will discover the coastline far from the hustle and bustle of crowded beaches. You will sail at the foot of the Massif de L'Estérel, the village of St Tropez and the Lérins Islands.

An unusual boat trip as close as possible to the curiosities of the coast.

More information + 33 (0)4 94 17 52 34

7 Karting Frejus
Frejus

Inter Racing Kart welcomes you all year round for individual adult and child rentals.

Two tracks are at your disposal: one of 600m for the older ones, and the other of 130m for the little ones

More information + 33 (0)4 94 97 50 97

9 Luna Park
Frejus

Luna Park offers attractions for children and adults: carousels, thrill rides, ghost train, bumper cars and many more. A mini-park is also dedicated to the youngest with unlimited access to the rides. Not to mention the brasserie located at the entrance to the park

Opening May 26, 2023

More information

6 Via Ferrata / Climbing
Saint Raphael

Natural adventure trails to discover the Massifs of the region with family or friends. Calanques National Park, Sainte Victoire, Calanques de l'Estérel.

More information + 33 (0)6 62 24 02 14

8 Horse ride
Puget-sur-Argens

Horseback riding in the Esterel massif with calm and safe horses. Paths of several difficulty levels depending on demand and level.

Breathtaking views of the Esterel and Maures mountains, the famous Rocher de Roquebrune sur argens and the bay of Saint Raphael up to Sainte Maxime!

More information + 33 (0)4 94 19 10 60

10 Aqualand
Frejus

Aqualand Fréjus offers a fun festival, with its 19 exceptional attractions on more than 7 hectares.

The reference for winter sports fans, with its 2 unique attractions in Europe!

Opening on June 14, 2023

More information + 33 (0)4 94 51 82 51





LES DOMAINES
DE
SAINT ANDRÉOL

Golf & Spa Resort