

























































Albufeira Sol 2023

	Seg / Mon / Lun	Ter / Tue / Mar	Qua / Wed / Mer	Qui / Thu / Jeu	Sex / Fri / Vend	Sáb / Sat / Sam
09:30h	Bom dia!  Good morning!	Bom dia!  Good morning!	Bom dia!  Good morning!	Bom dia!  Good morning!	Bom dia!  Good morning!	Bom dia!  Good morning!
10:00h	 STEP	 GAP	Alongamentos Stretching	 Aquagym	10:30	 YOGA
11:00h	 TENNIS	 DARTS	PETANCA FRENCH BALL PETANQUE	 PING PONG CUP	 GAMINHADA WALKING PROMENADE	 PING PONG CUP
11:30h	 Aquagym	 AQUADANCE	 Aquagym	PETANCA FRENCH BALL PETANQUE	 AQUADANCE	 Aquagym
12:00h	 COCKTAIL GAME JEUX DE COCKTAIL	 COCKTAIL GAME JEUX DE COCKTAIL	 COCKTAIL GAME JEUX DE COCKTAIL	 COCKTAIL GAME JEUX DE COCKTAIL	 COCKTAIL GAME JEUX DE COCKTAIL	 COCKTAIL GAME JEUX DE COCKTAIL
14:30h	Boa tarde!  Good afternoon!	Boa tarde!  Good afternoon!	Boa tarde!  Good afternoon!	Boa tarde!  Good afternoon!	Boa tarde!  Good afternoon!	Boa tarde!  Good afternoon!
15:00h	PETANCA FRENCH BALL PETANQUE	Sjoelen 	Molkki 	Ginkana	PETANCA FRENCH BALL PETANQUE	 DARTS
15:30h	Aula / Class / Cours de Bachata	Aula / Class / Cours de Salsa	Aula / Class / Cours de Afro		Polo aquático 	Molkki 
16:00h	 TIRO AO ARCO ARCHERY TIR L'ARC	Basquetebol 	 TIRO AO ARCO ARCHERY TIR L'ARC		Aula de dança Dance class	Bingo na piscina Pool Bingo
17:00h	 BATUCADA	 Aquagym	 AQUADANCE	 AQUADANCE	 BATUCADA	 AQUADANCE
20:00h	 LIVE Music	19:00  Jantar Crianças Children's dinner	 LIVE Music			
20:30h		Mini-disco Hawai		Mini-disco Palhaços	Mini-disco Super-heróis	Mini-disco Fluorescente
21:30h	The Circus Show 	 LIVE Music	Disney Show 	Noite Portuguesa Portuguese night	Show de Magia 	Karaoke



Clube de crianças
The Kid's Club

10:00 - 12:00
15:00 - 17:00